



# Isokinetics: Muscle Testing, Interpretation and Clinical Applications, 2e

*Zeevi Dvir PhD LLB*

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## **Isokinetics: Muscle Testing, Interpretation and Clinical Applications, 2e** Zeevi Dvir PhD LLB

Practical and easy-to-use, this text covers the theoretical background of clinical isokinetics and its practical applications in the field of muscle performance and rehabilitation. It examines the methodology and its use in relation to muscle conditioning and rehabilitation. The content also offers detailed coverage of isokinetic dynamometry (measuring muscle strength and function) in relation to the muscle systems of the major joints.

- Practically written content clearly describes the basic physiological and biomechanical aspects of isokinetics.
- Detailed discussion addresses measurement of muscle strength of all the major joints.
- Coverage of medicolegal implications of isokinetic findings aid the reader in coming to a clearer understanding.
- Material is strongly evidence-based and fully referenced, making the information more credible and applicable.
- Chapter on the isokinetics of elbow and hand muscles provides information on developments in this important area.
- Content on medicolegal application of isokinetics gives practical explanations of this difficult topic.
- Material on special applications of isokinetics, like manifestations of muscle weakness in relation to specific diseases, aids the reader in understanding more unique clinical applications.

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