

Made with Love: More than 100 Delicious, Gluten-Free, Plant-Based Recipes for the Sweet and Savory Moments in Life

Kelly Childs, Erinn Weatherbie



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Made with Love: More than 100 Delicious, Gluten-Free, Plant-Based Recipes for the Sweet and Savory Moments in Life Kelly Childs, Erinn Weatherbie The mother-daughter team behind the fabulously successful, award-winning Kelly's Bake Shoppe and Lettuce Love Café share their recipes for healthy, plant-based baking and cooking.

In *Made with Love* you will discover delicious, accessible, plant-based recipes for every meal and moment of the day. The recipes come from Kelly and Erinn, the mother and daughter duo behind Kelly's Bake Shoppe and Lettuce Love Cafe. With more than 100 recipes for award-winning baked goods and savory favorites, *Made With Love* has something for everyone! From Chocolate Monkey Pancakes for breakfast, to Cumin-scented Corn Bread and Eggless Quiche for lunch; to Banana Butterscotch Loaf and Lemon Scones as your afternoon treat, or classic Chocolate Cake and Dulce de Leche Cupcakes for special occassions.

As you leaf through the pages of this book it's as if you're walking through the door of Kelly and Erinn's beautiful bakery...and then leaving with all of their secrets! Kelly and Erinn share the story behind their decision to eat a plant-based diet, including the health benefits and the basics you need to get started. Their recipes are super-simple, and all the ingredients are readily available in regular grocery stores. Their recipes are vegan and gluten-free, using natural, plant-based ingredients, so that even those with extreme food intolerances can make their decadent baking and delicious meals at home.

Kelly and Erinn are stars on the rise: gorgeous, healthy, successful entrepreneurs who always live up to their commitment to "Bake You Happy!". You will love this cookbook, filled with easy-to-prepare, healthy recipes, suitable for everyone.

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