



The Gluten Cure: Scientifically Proven Natural Solutions to Celiac Disease and Gluten Sensitivities

Case Adams Naturopath

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Can gluten sensitivities - including celiac disease, wheat allergy and gluten intolerance - be REVERSED? Absolutely. The GLUTEN CURE shows what causes each type of gluten sensitivity - and proves using the latest clinical research - how to reverse the disorder using natural strategies. The GLUTEN CURE clarifies the science, incidence, diagnosis and causes of gluten sensitivities with objectivity and clarity. These uncover the real, and misunderstood facts on gluten- and wheat-related conditions. Facts that anyone considering going gluten-free needs to know. These include clear answers to the hypothesis that gluten is a toxin, or that gluten or wheat in general is unhealthy. Utilizing over a thousand research studies, this book puts all the pieces together to clear the fog on gluten and pave the path back to intestinal health and digestive vitality.

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