



F*#k The Double Standard In Dating

Heather Jones

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Do you enjoy dating? Really? Or has it become a disappointing, stressful (and sometimes self-esteem crushing) attempt to find a husband? Well, it doesn't have to be. When approached with the right attitude and mindset, dating can and should be fun. With hundreds of awesome tips on handling virtually every dating situation imaginable, this book will teach you how to navigate the world of casual dating and have fun while you're doing it!

Addressing the double standard in dating, Heather Jones helps women view dating more like a man does. When a man meets a woman, he's not wondering, Is she stable? How does her name sound with mine? or Could I marry her? No! He's thinking, I wonder if she's wearing panties. Will she come home with me tonight? and Are those real? Women analyze and overthink every poor guy to death before he even has a chance to order dessert. Men enjoy a woman for however long they're interested and don't make a big deal about it. It's time for women to enjoy men the same way (and not apologize for it).

In this book, you'll learn how to...

Rewire your thinking so you can be in the moment rather than waste time wondering how good your date will look at the altar.

Recognize the natural stages and timeline of a casual relationship, including when it's time to end one.

Successfully date multiple guys at one time.

Spot guys who are just out for a good time, and keep yourself from falling for them.

Gracefully end and exit a casual relationship.

Communicate better with men.

Recognize casual dating danger zones.

Control yourself rather than trying to control the uncontrollable: men.

Keep your emotions in check so you can actually enjoy dating.

Trust your instincts.

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Harrison Colon:

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