



# **WEEK OF POWER: Your 7-Day Course to Kill Laziness, Boredom, and Procrastination Once And For All**

*D/C Russ*

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**WEEK OF POWER** is your 7-day cure for:

- \* Laziness
- \* Boredom
- \* Procrastination
- \* Uncertainty
- \* Hangovers
- \* Excuses
- \* Lack of Discipline
- \* No Confidence
- \* Low Self Esteem
- \* Reduced Energy Levels
- \* The " poor me :( " Syndrome
- \* ...and much more

## Here's how it works:

Each day has its own unique objectives you must fulfill. You will have to complete a quick exercise, answer a couple reflection questions, or perform a ritual that's both fun and effective. In addition, you're given a checklist of items that you must follow everyday.

I've personally taken and successfully completed WEEK OF POWER. The results were truly astonishing for me. Prior to taking the course, I was in an awful slump: lazy, depressed, sleeping all day, unmotivated, drinking too much, etc.

WEEK OF POWER changed all of this for me and within just one day of taking the course, my life did a complete 180. See my results for yourself: <http://align-mentality.com/dcweekofpower.html>

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In this chaotic world, they say the only person you have power and control over is yourself. On one hand this statement is true.

But on the other hand, by changing your own mind about the world, the world automatically changes itself. **Use this power!** If not, you will become stagnant, left with only *a handful of excuses*.

So, take control of your life...act now and then follow through with your decision.

You're just one week away from one of the most liberating feelings of accomplishment you've had in a long

time.

TO POWER,

D/C Russ

be bold. stay strong.

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### **From reader reviews:**

#### **Donovan Pena:**

Spent a free a chance to be fun activity to do! A lot of people spent their free time with their family, or all their friends. Usually they accomplishing activity like watching television, gonna beach, or picnic inside park. They actually doing same every week. Do you feel it? Do you wish to something different to fill your free time/ holiday? Could possibly be reading a book is usually option to fill your totally free time/ holiday. The first thing you will ask may be what kinds of publication that you should read. If you want to try out look for book, may be the reserve untitled WEEK OF POWER: Your 7-Day Course to Kill Laziness, Boredom, and Procrastination Once And For All can be good book to read. May be it might be best activity to you.

#### **Steven Bemis:**

Typically the book WEEK OF POWER: Your 7-Day Course to Kill Laziness, Boredom, and Procrastination Once And For All has a lot of knowledge on it. So when you make sure to read this book you can get a lot of gain. The book was compiled by the very famous author. Tom makes some research ahead of write this book. This specific book very easy to read you will get the point easily after looking over this book.

#### **Mark Vandyke:**

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