



Adherence to Pediatric Medical Regimens (Issues in Clinical Child Psychology)

Michael A. Rapoff

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It used to be called *noncompliance*, and the patients themselves referred to as *difficult*. But regardless of the terminology, children's reluctance or failure to commit to prescribed regimens reduces the effectiveness of treatment, often leading to additional care, higher costs, and serious, even deadly, complications.

Reflecting a single, authoritative voice, the Second Edition of *Adherence to Pediatric Medical Regimens* analyzes in comprehensive clinical detail the factors that affect children's and teens' commitment to treatment – from developmental issues to the influence of parents, peers, and others in their orbit – and offers empirically sound guidelines for encouraging adherence. It cautions against viewing young clients as miniature grownups or scaling down adult data, advocating instead for a more nuanced understanding of the population and a collaborative relationship between practitioner and client.

Critical areas of interest to clinicians and researchers in pediatrics are brought into clear focus as the book:

- Provides an overview of adherence rates to chronic and acute disease regimens and examines common adherence problems in children and adolescents.
- Details consequences of nonadherence and correlates of adherence.
- Critiques major adherence theories and their clinical implications.
- Discusses the range of adherence assessment measures.
- Reviews educational, behavioral and other strategies for improving adherence.
- Offers ways to translate research into pediatric medical adherence.

This updated edition of *Adherence to Pediatric Medical Regimens* is an essential reference for anyone concerned with improving health outcomes in young people, especially clinicians, researchers, and graduate students in psychiatry as well as pediatric, clinical child, and health psychology.

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