



# **Finnish Magic (Llewellyn's World Religion & Magick)**

*Robert Nelson*

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Shamanism is the oldest form of spirituality and magic on earth. In Finland, shamanism is the source of their system of magick. Now you can learn their system in *Finnish Magic* by Robert Nelson, Ph.D.

In this book you will discover the ancient national epic of Finland known as the *Kalevala*. This book involves the search for magical power and is "the single greatest influence on the formation and definition of modern Finland" according to the author.

*Finnish Magic* describes the ancient Finnish beliefs about deities and spirits. You'll learn about the primary Finnish deity, *Jumala*, and how the Finns also adopted some of the Norse deities. Also described is the notion that everything has a spirit, followed by a discussion of how those spirits are different from each other.

Next, *Finnish Magic* goes into the methods of shamanism and Finnish magic. This is one of the best explanations of shamanic practices ever published. You will learn about the nature of the shamanic trance and the steps you need to follow:

- How to go enter a trance
- How to begin your shamanic trance journey
- How to contact your guides
- What to do when you contact your guides
- What your guides will do and how to follow them
- How to return from your journey
- How to leave the trance

All of these are guidelines. Dr. Nelson reveals that the key to Finnish magic is contained in three words: "Do what works." You will learn how to add spontaneity to your rituals. You will also learn about using drums, song, and dance to make your magic work.

Other topics include shapeshifting, the runes, charms, talismans, amulets, the Finnish festivals of the year and how they are celebrated, how to honor ancestors, and much more.

If you are interested in shamanism, in Finland, or just ways to enhance your magical abilities, this book must be one you study.

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