



Structured Psychotherapy Groups for Sexually Abused Children and Adolescents

Billie Farmer Corder

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By BILLIE FARMER CORDER In this exceptionally useful compendium, the author shares her clinical expertise and techniques for working effectively with sexually abused children and adolescents. Drawing from over 30 years of experience as a practicing psychologist, researcher, and supervisor, Dr. Corder offers specific guidelines for developing, facilitating, and evaluating time-limited structured psychotherapy groups. She outlines specific goals for each group session and provides active "homework" assignments and guidelines for using the original techniques and materials she has developed. Separate instructions and supplemental materials are included for children ages 6-12 and teens age 13-16. Therapeutic materials include empirically derived therapeutic activities, coloring books, active games, board games (including gameboards, question items, and rules), therapeutic "chants," and much much more. The author describes critical decisions and role assignments. Guidelines for concurrent structured groups with parents/caretakers are included as well as advice on dealing with important administrative and ethical issues. Questionnaires, forms, and procedures for program evaluation are also provided. This book offers many new ideas and creative techniques for experienced clinicians. For less experienced therapists, Dr. Corder provides theoretical issues and rationale, clear clinical guidance, and how-to-do-it directions for working effectively with this population. Printed in an 8 1/2" x 11" format with flexible binding for ease in copying. 164 pages

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