



# Substituting Ingredients, 4E: The A to Z Kitchen Reference

*Becky Sue Epstein*

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Everyone has been in this predicament: you're at home, with no time (or desire) for a trip to the store-but the recipe you're using calls for an ingredient you don't happen to have on hand. With this book, you'll have a solution: substitute. In *Substituting Ingredients*, author Becky Sue Epstein has collected more than 1,000 easy-to-find, healthy, and cheap substitutions.

### You'll find:

- Substitutions for difficult to find items and common items you may not have on hand
- Green, nontoxic household cleaner solutions
- Less expensive ingredient options
- The best ways to measure fruits and vegetables for recipes
- Simple recipes for condiments, sauces, marinades, and spice mixtures
- Strategies to remedy too much or too little of an ingredient

**"With this paperback on the shelf there's no need for mad, midrecipe dashes to the grocery store."**

*-Bon Appétit*

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