

# Sweet Dreams of Awakening: 365 Good Night Blessings

Amy Torres



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"You will first dream of peace, and then awaken to it."

~A Course in Miracles Each of these good night blessings is inspired by a lesson from the Workbook for Students from A Course in Miracles. They prime the mind to use sleep for spiritual awakening. These 365 prayers also stand on their own, and can be read by anyone, whether they have heard of A Course in Miracles or not. They contain childlike Innocence and the deepest Knowledge. "These warm blessings put the mind at peace and invite loving stillness as you fall asleep each night." ~Corinne Zupko, MiracleShare "They are like tiny mystery schools, unlocking spiritual wisdom and inviting the mind to be receptive to enlightenment." ~Jon Mundy, Miracles magazine "Reading these blessings before bed is a beautiful way to purify your soul at the end of each day." ~Maureen Muldoon, Miracles365

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