

Love Matters For Psychic Transformation: A Study of Embodied Psychic Transformation in the Context of BodySoul Rhythms®

Maja Reinau



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Love Matters for Psychic Transformation is woven by a profound respect and love for the soul and the transformative powers of the Body Psyche. It is an exploration of the embodied psychic transformation in the specific context of the BodySoul Rhythms® work (BSR) developed by Ann Skinner, Mary Hamilton, and Marion Woodman. In describing the BSR work, interviewing six women about their experiences, and linking the BSR approach with the new neuroscience, developmental psychology, change in therapy, attachment theory, and relational trauma, Dr. Reinau brings to light all that the BSR approach has to offer.

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