



**Tea Cleanse: 7 Day Tea Cleanse Diet: How to Choose Your Detox Teas, Boost Your Metabolism, Lose 10 Pounds a Week and Flush Out Toxins (Tea Cleanse, ... Belly, Tea Cleanse Diet, Weight Loss, Detox)**

*James Wayne*

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## Use These Powerful Tea Cleanse Secrets to Immediately Boost Your Metabolism, Lose 10 Pounds a Week and Flush Out Toxins

**Today only, get this Amazon bestseller for just \$7.99. Regularly priced at \$9.99.** This book contains proven steps and strategies on how to choose your own Detox regimen to boost your metabolism, lose ten pounds as well as flush out the toxins in your body. There are different ways to jumpstart and speed up your weight loss. Have you ever heard of natural fat and calorie burners? No other book can share with you the real secret towards losing the bloat and burning the fat to make sure the weight does not come back. The artificial way of losing 10 pounds include drinking slimming pills, going to the gym almost every day or starving yourself. Are you tired of trying out any fad diet that comes your way? If you have answered yes, now is payback time. Included in this book are tea cleanse recipes that guarantee the desired weight loss. This will be a diet program that must be strictly followed to achieve an impressive 10 pound weight loss. Just imagine the different recipes that were designed to be low on the taste part but high in the brand-new you. This program is designed for you to eat food that tastes good while at the same time, does some serious cleansing to your body. It is low in calories yet allows you to feel full. Be ready to adjust your pants a couple of inches smaller. Several tea recipes and healthy smoothies are provided in this book to make your mornings worth waking up to. They taste so good you will actually forget that you are on a diet. What are you waiting for? Start the 7 Day Tea Cleanse. To weight loss and good skin, this is for you!

## Here Is A Preview Of What You'll Learn...

- Detox Cleansing in a Nutshell
- Tea Cleanse Diet Shopping List
- Food and Inflammation
- 7 Day Tea Cleanse Diet Schedule
- Benefits in Drinking Tea over Coffee
- Tea Cleanse Diet Recipes

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