



Power Organization & Efficiency, Get & Stay Organized Now: Sleep Learning, Guided Self Hypnosis, Meditation & Affirmations

Jupiter Productions

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This "Power Organization and Efficiency" sleep learning program was designed to assist the listener in gaining self-thoughts related to staying focused, setting priorities, working efficiently and strategically, and gaining enhanced pleasure and motivation to complete goals.

Some say that we are the sum of what we surround ourselves with. For example:

- What we watch on television
- What we listen to on the radio
- Who we choose to surround ourselves with
- Even the thoughts we think

All of the above affect our overall perceptions and thought patterns. Just like the food we eat creates our bodies over time, our thoughts shape who we are and, ultimately, what types of situations we manifest in our lives.

Sleep learning can benefit a listener in powerful ways. The mind stays active even while we are sleeping. For example, a mother may sleep soundly through thunderstorms and barking dogs, yet the sound of her baby stirring in the next room will often instantly awaken her. Why not use this time (while you are asleep) to realize your potential?

In addition to therapeutic hypnotic techniques and meditative affirmations, this program is further enhanced by the use of brainwave entrainment such as solfeggio tones, isochronic tones, bilateral stimulation, and white noise. Listening at a very low volume while drifting off to sleep is ideal and won't diminish your results.

Accomplish your goals and create the life you've always wanted starting today.

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From reader reviews:

Evita Young:

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Leroy Ange:

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Mary Linkous:

What is your hobby? Have you heard in which question when you got students? We believe that that issue was given by teacher for their students. Many kinds of hobby, Everybody has different hobby. And you know that little person just like reading or as examining become their hobby. You should know that reading is very important along with book as to be the thing. Book is important thing to increase you knowledge,

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