



The End to End Cycle Route: Land's End to John o' Groats (Cicerone Guide)

Nick Mitchell

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A guidebook describing Britain's famous 'End to End' cycle route, a journey of almost 1000 miles from the very tip of southwest England - Land's End - to the northernmost point of mainland Scotland - John o' Groats. Divided into 14 day stages, with each stage covering between 53 and 85 miles, the route features some of the best cycling the UK has to offer.

Step-by-step route descriptions are accompanied by 1:250,000 mapping and stage profiles. There are links to GPX mapping of the route for simple GPS navigation as well as a handy equipment list, route summary table, tourist office and cycle shop listings, together with information on health and safety, training and fitness. A listing of accommodation en route is also given.

A quintessential British adventure, the End to End cycle route attracts the attention of thousands of cyclists - men and women, young and old - every year. From charming Cornish villages to the brooding magnificence of the Scottish Highlands, scenery abounds on this challenging yet immensely satisfying traverse.

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