



Paleo Diet: 200 Delicious Paleo Diet Recipes (Paleo Slow Cooker, Paleo For Beginners, Paleo Diet Recipes, Paleo Recipes, Paleo Diet Cookbook,)

Walter James Brown

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200 TOP PALEO DIET RECIPES - EASY TO MAKE, DELICIOUS, AND MADE WITH SIMPLE INGREDIENTS!

Do you fit in any (or more) of these categories:

Motivated and convinced. You are ready to start with your Paleo Diet journey! However, one problem, where do you start!?

Already a **devoted follower of the Paleo Diet**, but not feeling the recipes you are consuming anymore.

Tired of searching for the perfect Paleo Diet cookbook. Most of them are filled with distasteful, unrealistic and/or complex recipes, improper organization, and/or ingredients which will cost you a fortune.

Not motivated to come up with your own Paleo Diet recipes, so you give up before even trying.

Not having any idea what the Paleo Diet is and you are curious what's it all about.

or... **You just want to know more about the Paleo Diet** and you want a cookbook that will show you enough delicious Paleo Diet recipes for the upcoming years.

If you fit into any (or more) of these categories, don't worry, here is what the Paleo Diet Cookbook will provide you with:

- **Over 200 delicious Paleo Recipes.**
- The best Paleo Breakfast, Paleo Lunch, and Paleo Dinner Recipes. Specially selected for you.
- Easy to make Paleo recipes which everyone can make.
- Paleo recipes which are made with simple and cheap ingredients.
- The basics of the Paleo Diet - an explanation of the popular diet.
- A logically sorted list of all the Paleo Diet Recipes.
- Recipes which are simple, not containing any fluff ingredients or rocket science directions.
- A cookbook that won't restrict too many foods. In theory, even non-Paleo practitioners could eat these meals without feeling that they were restricting themselves of any foods they love.
- A lot of meal variety. You won't feel bored with the recipes of this book.
- More than 10 BONUS Paleo Recipes which you will love.

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Nathan Marker:

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Helen Williams:

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Daniel Starkey:

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