



Ride of Your Life: A Coast-to-Coast Guide to Finding Inner Peace

Ran Zilca

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Have you hit a crossroads in your career or life? Do you feel stuck and know you have more to offer the world than what you are doing right now? If you are yearning to make a change in life, Ride Of Your Life will be your inspiration and guide. Back in 2010, research scientist and entrepreneur Ran Zilca set out from his home in New York on a motorcycle, bound for California in search of the next chapter in his life. Along this soul-searching journey, he spent hundreds of hours in contemplation on the road, met with fellow travelers from all walks of life, and interviewed leading experts in research labs, spiritual centers, and temples all across the country. Six-thousand miles later, he returned home, sold his company, and moved to a different continent. Ride of Your Life chronicles this transformative journey, sharing the collective wisdom Ran learned from one-on-one discussions with spiritual leaders and researchers, including Deepak Chopra, Phil Zimbardo, and Sonja Lyubomirsky. This groundbreaking book in the field of positive psychology is part travel memoir, part spiritual compass, and a practical handbook for personal transformation. Ride of Your Life will help you awaken your dreams and answer your own calling for a happier and more meaningful life.

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From reader reviews:

Connie Griffin:

Spent a free the perfect time to be fun activity to do! A lot of people spent their sparetime with their family, or all their friends. Usually they undertaking activity like watching television, going to beach, or picnic in the park. They actually doing same thing every week. Do you feel it? Would you like to something different to fill your free time/ holiday? May be reading a book can be option to fill your cost-free time/ holiday. The first thing that you ask may be what kinds of publication that you should read. If you want to attempt look for book, may be the book untitled Ride of Your Life: A Coast-to-Coast Guide to Finding Inner Peace can be excellent book to read. May be it could be best activity to you.

Carolyn Fletcher:

The particular book Ride of Your Life: A Coast-to-Coast Guide to Finding Inner Peace has a lot of knowledge on it. So when you check out this book you can get a lot of benefit. The book was published by the very famous author. This articles author makes some research before write this book. This specific book very easy to read you can obtain the point easily after looking over this book.

Avis Marguez:

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