



**Unfrozen: How to Melt your Heart from Life's
Disappointment, Disillusionment and
Discouragement by Opening the Door and
Stepping into God's Warming Light. (Volume 1)**

Ladey Adey

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Unfrozen: How to Melt your Heart from Life's Disappointment, Disillusionment and Discouragement by Opening the Door and Stepping into God's Warming Light. (Volume 1)

Ladey Adey

Unfrozen: How to Melt your Heart from Life's Disappointment, Disillusionment and Discouragement by Opening the Door and Stepping into God's Warming Light. (Volume 1) Ladey Adey

Unfrozen teaches you how to melt your heart from Life's Disappointment, Disillusionment and Discouragement by opening the door and stepping into God's warming light.

IS YOUR HEART FROZEN WITH FEAR?

Life has a way of creating disappointment, disillusionment and discouragement. Left unchecked, these stresses can freeze out your potential and sideline you spiritually.

But reversing these effects is possible.

God knocks on the door of your heart, inviting you to step into His warming light. By melting your hurts and heartache He promises true healing.

In her breakthrough book UNFROZEN, author, trainer, speaker and passionpreneur Ladey Adey shows you how to:

- make friends with the fear of your past and move forward into your future with confidence.
- integrate God's plans with your own dreams to achieve your potential.
- discover your Unique Spirit-filled Personality (USP).
- and much more.

By sharing her own journey and weaving metaphors, Ladey reveals how to make sense of life. UNFROZEN opens the door and gives you the tools to move through adversity and accept the person God created you to be.

“Unfrozen is full of breathed, learned and revealed wisdom, truth and compassion.”

—Rev. Canon Chris Bowater, Pastor, Teacher, Author, Songwriter. Worship Academy International.

“Ladey invites thought provoking self assessment and courageous realignment with principles that transcend yet give value to individual identity.”

—Dr. Adrian Holdsworth, Vice Principal, The Faith Mission Bible Coll

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Douglas Anderson:

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