



What To Do If You Get Colon Cancer: A Specialist Helps You Take Charge and Make Informed Choices

Paul Miskovitz M.D., Marian Betancourt

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A comprehensive, authoritative, and sensitive guide to the second-leading cancer-killer in the US Colon cancer affects both men and women equally with over 200,000 new cases diagnosed each year.

Unfortunately, only half of all colon cancer cases are diagnosed at the curable stage. For those who must live with colon cancer, here is an authoritative guide that can answer all the questions about treatment options as well as provide practical advice on every aspect of recovery and how to get on with life. Written in a caring, patient-friendly style, this helpful resource explores everything from initial diagnosis through the latest treatments as well as such at-risk factors as inheritance and a high-fat, low-fiber diet. There is also valuable information on related disorders such as Crohn's disease and ulcerative colitis. * The most up-to-date treatment options * Tips on nutrition, diet and exercise, and resumption of a healthy lifestyle * Appendixes include valuable information on locating financial aid and information hot lines PAUL F. MISKOVITZ, MD, (New York, New York) is a gastroenterologist and Clinical Director of New York Hospital-Cornell Medical Center's Division of Digestive Diseases. MARIAN BETANCOURT (Brooklyn, New York) is a professional writer and editor whose previous books include What to Do If You Get Breast Cancer.

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Jerry Rivera:

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