



Questing for Values: The Humanities as a Foundation for Happiness

Elayne Wareing Fitzpatrick

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QUESTING FOR VALUES: THE HUMANITIES AS A FOUNDATION FOR HAPPINESS (VALUES WORKBOOK, 2015 EDITION) is an illustrated 425-page philosophic journey created to encourage college students -- and other serious 'searchers' -- to examine their own beliefs and values in relation to some enduring wisdom of the ages. Readings are divided into seven units: *Examining and Evaluating; Philosophy as the Pursuit of Happiness, By-product of 'Doing the Right Thing'; What About God?; Nature Mysticism and Science; Metaphorical Power of Myths and Stories; Fate, Freedom, and Creativity; and Balancing 'Head' and 'Heart' in our High Tech, Politicized Society.* This revised and expanded text includes a *Values Workbook for Wholehearted Questers* featuring mini-lectures and useful questions for pondering each unit in the book.

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