



# Music and the Young Mind: Enhancing Brain Development and Engaging Learning

*Maureen Harris*

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**Music and the Young Mind: Enhancing Brain Development and Engaging Learning** Maureen Harris  
Maureen Harris has written an early childhood music program that is easily incorporated into the classroom routine. Written for the early childhood educator-experienced or trainee, musician or nonmusician, this book describes a music-enriched environment for teaching the whole child. Now educators can put research into practice and benefit from the wealth of knowledge and research acquired over the centuries on the power of music. With easy-to-follow lesson plans, sing-along CDs (sung in a suitable pitch for the young child), and supporting literature, educators can gain musical confidence as they explore research on child development, learn how to create a music-enriched environment and build musical confidence, see a curriculum time-frame, and follow lesson plans with ideas for further musical creativity and exploration. In addition, the multicultural section shows how to set up an early childhood music setting that maximizes the benefits of a variety of cultural values and practices. As you read this book you will begin to see music as a biological human need, an incredible vehicle for enhancing intelligence, and a means to connecting and uniting people around the world.

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