



**Should I Give Up Nursing? - Practical Advice and
Inspiration from Real Nurses for Those Heading
Towards Compassion Fatigue and Burnout
(Become a nurse, ... school gifts, Nursing school
books Book 5)**

Allie Wilson, Marty Wilson

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How the Global Nursing Family Helping One Tearful Nurse Who Was Thinking of Leaving Led to This Book

An Introduction by Author, Allie Wilson, RN.

I'm honored and humbled to have a facebook page where over 50,000 nurses hang out, share news and help each other. (Pop on over and say "Hi" sometime at facebookcom/whatiwishiknewaboutnursing)

One day, a nursing colleague from Scotland put the post below onto my page begging for nurses around the world to help her decide whether she should leave our profession.

"Should I give up nursing?? I came home and cried last night from a shift not because it was a particularly hard shift, but because I feel I becoming 'one of those nurses', I promised myself I would never be, impatient and grumpy, especially when I asked the same question by a gentlemen with mental health issues 100 times... Turning elderly patients that pull on you and are constantly incontinent... I felt worn out... I know is not their fault... But we have an aging population, with multiple health issues... And just not enough staff to do it right... Advice please... Burned out nurse, Scotland"

The responses contained in this book are about a third of those that came through on my page, but they were all so full of wisdom, caring and genuine love for 'Burned out nurse, Scotland' I knew I had to share their words with a wider audience.

I hope - particularly if you're feeling like you are ready to leave - that these words touch you, in some way heal you, and help you find your true calling.

With Love
Allie xx

Editor, Wellbeing for Nurses Magazine

‘About The Authors’

Allie Wilson is an ER nurse turned Author and editor of Wellbeing for Nurses Magazine, and her hubby, Marty Wilson is a Pharmacist turned Stand Up Comic turned Author. They live in Sydney, Australia with their three boys.

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Sheila Cyr:

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Thomas Daniels:

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Myra McKenzie:

What is your hobby? Have you heard that question when you got scholars? We believe that that problem was given by teacher on their students. Many kinds of hobby, Every person has different hobby. And you also

know that little person like reading or as examining become their hobby. You should know that reading is very important as well as book as to be the issue. Book is important thing to increase you knowledge, except your teacher or lecturer. You see good news or update concerning something by book. Numerous books that can you choose to use be your object. One of them is actually Should I Give Up Nursing? - Practical Advice and Inspiration from Real Nurses for Those Heading Towards Compassion Fatigue and Burnout (Become a nurse, ... school gifts, Nursing school books Book 5).

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