



Health Promotion and Aging: Implications for the Health Professions

David Haber

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In this new edition of his successful book, Dr. Haber expands on his model for health promotion and aging in which he emphasizes that it is better for older adults to collaborate with health professionals instead of taking a passive, compliant role. Haber focuses on the increasing importance of health expectancy to older adults. Practical aids are featured throughout the book including resource lists, health education materials, and useful discussion questions at the end of each chapter.

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