



# **Helping Grieving People - When Tears Are Not Enough: A Handbook for Care Providers, 2nd Edition (Series in Death, Dying, and Bereavement)**

*J. Shep Jeffreys*

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*Helping Grieving People – When Tears Are Not Enough* is a handbook for care providers who provide service, support and counseling to those grieving death, illness, and other losses. This book is also an excellent text for academic courses as well as for staff development training. The author addresses grief as it affects a variety of relationships and discusses different intervention and support strategies, always cognizant of individual and cultural differences in the expression and treatment of grief. Jeffreys has established a practical approach to preparing grief care providers through three basic tracks. The first track: *Heart* – calls for self-discovery, freeing oneself of accumulated loss in order to focus all attention on the griever. Second track: *Head* – emphasizes understanding the complex and dynamic phenomena of human grief. Third track: *Hands* – stresses the caregiver's actual intervention, and speaks to lay and professional levels of skill, as well as the various approaches for healing available. Accompanying these three motifs, the *Handbook* discusses the social and cultural contexts of grief as applied to various populations of grievers as well as the underlying psychological basis of human grief. Throughout the book, Jeffreys presents the role of the caregiver as an Exquisite Witness to the journey of grief and pain of bereaved family and friends, and also to the path taken by dying persons and their families. The second edition of *Helping Grieving People* remains true to the approach that has been so well received in the original volume. It includes updated research findings and addresses new information and developments in the field of loss, grief and bereavement.

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**Roger Ruelas:**

The ability that you get from Helping Grieving People - When Tears Are Not Enough: A Handbook for Care Providers, 2nd Edition (Series in Death, Dying, and Bereavement) is the more deep you digging the information that hide inside words the more you get thinking about reading it. It does not mean that this book is hard to understand but Helping Grieving People - When Tears Are Not Enough: A Handbook for Care Providers, 2nd Edition (Series in Death, Dying, and Bereavement) giving you excitement feeling of reading. The writer conveys their point in selected way that can be understood by simply anyone who read it because the author of this book is well-known enough. This kind of book also makes your personal vocabulary increase well. That makes it easy to understand then can go with you, both in printed or e-book style are available. We suggest you for having that Helping Grieving People - When Tears Are Not Enough: A Handbook for Care Providers, 2nd Edition (Series in Death, Dying, and Bereavement) instantly.

**Amy Dixon:**

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**James Crow:**

This Helping Grieving People - When Tears Are Not Enough: A Handbook for Care Providers, 2nd Edition (Series in Death, Dying, and Bereavement) is great publication for you because the content that is full of information for you who all always deal with world and still have to make decision every minute. This kind of book reveal it information accurately using great manage word or we can state no rambling sentences inside. So if you are read it hurriedly you can have whole facts in it. Doesn't mean it only gives you straight forward sentences but tricky core information with attractive delivering sentences. Having Helping Grieving People - When Tears Are Not Enough: A Handbook for Care Providers, 2nd Edition (Series in Death, Dying, and Bereavement) in your hand like getting the world in your arm, information in it is not ridiculous one particular. We can say that no publication that offer you world within ten or fifteen moment right but this publication already do that. So , this really is good reading book. Hi Mr. and Mrs. hectic do you still doubt that will?

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