



SAT for Jocks

Mark P. Lawley

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This book is for the pre-March 2016 SAT. For SAT help, please refer to recent test prep books that address the new test format. By preparing for their big games, athletes have already equipped themselves with what they need to play the game of the SAT. They already know how to work hard and continuously, and they already know how to get themselves under control when it's Go Time. And yet in all my years teaching college and high school students and tutoring for standardized tests, I've noticed that many athletes don't do well on the SAT. There are five reasons for this. 1.) Most test prep materials are huge, unwelcoming, and targeted towards students who have more time to read--i.e. not athletes. 2.) People expect athletes to perform poorly on tests, and athletes start to believe this, too. 3.) Athletes have a lot of competing demands on their attention. 4.) No one has bothered to show athletes time-honored test-taking strategies, which are usually covered only in the most advanced classes. 5.) Because high school sports are so time-intensive, athletes are forced to take easy classes, which are often taught by unqualified instructors, and so they don't get to develop their academic potential or address their weaknesses. In other words, athletes typically receive poor coaching for the elite academic sport we call the SAT. That's where this book comes in. We will address all five points above as much as possible with what time we have left before you take the test. I'm aware that you might be opening this book with little time left before the big SAT game, so I'll get straight to the meat of what you need to know. I won't try to teach you every bit of grammar, math, and reading comprehension taught throughout middle school and high school; instead, I'll leverage what you already know. I also won't teach you every test strategy ever tried by any test taker anywhere on the planet; instead, I'll show you the handful of strategies that have worked for my students over and over again. And finally, I won't waste your time with exhaustively long exercises because the best questions to practice come from old SATs (free off the Internet), not any prep book. By the time you finish this book, you'll have the tools you need to give your best performance on the test. If you have more time and want to take your game further, I'll show you how to cultivate your mental athleticism at the end of the book.

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Marvin Smith:

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Deborah Rost:

Spent a free time for you to be fun activity to complete! A lot of people spent their leisure time with their family, or their very own friends. Usually they doing activity like watching television, gonna beach, or picnic in the park. They actually doing same every week. Do you feel it? Will you something different to fill your current free time/ holiday? Could be reading a book might be option to fill your no cost time/ holiday. The first thing that you'll ask may be what kinds of book that you should read. If you want to attempt look for book, may be the e-book untitled SAT for Jocks can be very good book to read. May be it could be best activity to you.

Alberta Keyes:

Reading a book to get new life style in this calendar year; every people loves to read a book. When you learn a book you can get a large amount of benefit. When you read books, you can improve your knowledge, mainly because book has a lot of information in it. The information that you will get depend on what sorts of book that you have read. In order to get information about your analysis, you can read education books, but if you act like you want to entertain yourself you can read a fiction books, this sort of us novel, comics, as well as soon. The SAT for Jocks offer you a new experience in reading through a book.

Teresa White:

Many people spending their time by playing outside using friends, fun activity with family or just watching TV all day long. You can have new activity to invest your whole day by looking at a book. Ugh, do you consider reading a book can really hard because you have to accept the book everywhere? It all right you can have the e-book, delivering everywhere you want in your Smart phone. Like SAT for Jocks which is finding the e-book version. So , why not try out this book? Let's see.

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