



ACTIVIDADES FISICAS Y DEPORTES ADAPTADOS PARA PERSONAS CON DISCAPACIDAD (Spanish Edition)

David. Reina Vaíllo, Raul Sanz Rivas

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Esta obra es una guía para todos los profesionales interesados en la actividad física y el deporte adaptado. Para ello, los autores, comienzan ofreciendo al lector una visión panorámica de la práctica, con un análisis de la terminología y una explicación de los orígenes de estas actividades, junto con la descripción de los posibles ámbitos de actuación.

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