

## Buen Camino! Walk the Camino de Santiago with a Father and Daughter: A Physical Journey that Became a Spiritual Transformation

Peter Murtagh, Natasha Murtagh

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Have you ever dreamed about walking the Camino de Santiago? Join Peter Murtagh, acclaimed Irish journalist, and his teenage daughter Natasha on their epic pilgrimage across the Way of St James and experience their life-changing adventure with them.

If you've ever wondered what a hike of 900 miles involves, physically and emotionally, look no further than Buen Camino! You will be transported to Northern Spain, to bull-running and fiestas, to prayers and ancient Christian churches, to a gruelling trek that leads to a spiritual transformation. You'll meet a motley crew of Camino pilgrims, stay with Peter and Natasha in Spartan hostels, learn about the history of the Camino and, above all, laugh and cry with a loving father and daughter as they walk steps trod by thousands of religious travellers before them.

Whether you're a seasoned 'peregrino' seeking to relive your glorious Camino days, a Camino novice looking for stories of Camino veterans or someone who's never even heard of the Camino, Buen Camino! is a must-read, full of drama, exhilaration, love, laughter and spiritual and emotional revelations.

More than just a travelogue, Buen Camino! is the unique story of the shared emotional journey of a loving Irish father and daughter and of the deep family bond their shared journey of self-discovery forges. Be seduced by the spirit of the Camino and join Peter and Natasha as they follow the ancient route of Irish monks on pilgrimage and find a way of living in the world more simply.

Light in weight, and available as an ebook, this is the perfect Camino companion.

'A lovely book for those who have done the Camino, or like me, are thinking of doing it' The Dubliner

'An addictive, funny, heart-warming, informative read' The Irish Mail



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