

Essays on Gay Tantra

William Schindler

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Integrating sexuality with spirituality has been the specialty of traditional Hindu Tantra for at least 1500 years in India. These 97 short essays, originally published as weekly newsletters from Ashram West, a gay spiritual community, adapt the concepts and methods of traditional Hindu Tantra for gay-identified persons of all genders living in our modern, rapidly changing world. Gay persons have been condemned or ignored by all major religions, and many gay people may reject religion in general, substituting sex, drugs, or other diversions that ultimately fail to remedy the existential problems of mortality, isolation, and the seeming meaninglessness of life. These essays demonstrate various ways gay people can tap into the deepest currents of human spirituality while recognizing the special spiritual needs and aptitudes that modern gay identities confer. Instead of denigrating gay identities, Gay Tantra teaches us to attain the heights of spiritual enlightenment utilizing fully our gay experiences.

Living Traditions on-line magazine wrote: "There is so much wisdom here also incredibly moving."



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