



Herding Does Not Make You Happy: Turn yourself into someone you love

Harry Noad

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Have you ever felt like you're only ever trying to keep up with the crowd and never being yourself? Like you've spent years trying to figure out ways to fit in and always end up falling short? *Herding Does Not Make You Happy* is written with you in mind and promises to make you a positive, well-rounded and happier person. A book written by a teenager specifically for young people, HDNMYH aims to bring you out of the doldrums and towards a new life in which YOU call the shots. From clothing to relationships and everything inbetween, this book puts you in the driver's seat. It helps you leave worries behind and embrace the beauty of your own choices; guiding without instructing and offering help no matter how dark the situation may seem. Merging autobiographical segments with unshackled opinions, Harry Noad intends to make every reader take control of their life one step at a time. This book is a must-have for anyone who wants to make a genuine change in their life and thinks that there's more to it than being somebody you aren't.

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